

WE ARE BRINGING THE 2024 SUMMER OLYMPICS RIGHT TO YOU!

**10%
DISCOUNT**
when you book
by March 15th



Stretch-n-Grow helps...

- ★ Children strengthen motor skills and boost brain development
- ★ Kids thrive in social and emotional learning
- ★ Gives teachers a break

**Book soon,
spots fill
quickly!**



One of the area's favorite summer enrichments; we come to you & keep your kids active all summer long! For toddlers through school age, we offer healthy & affordable FUN for everyone!

Stretch-n-Grow's 'Summer Olympics' will offer kiddos non-stop action with a positive message! We'll go for the GOLD as we get faster, higher, stronger-together! Your kids won't want to miss it!



TO BRING THE FUN TO YOUR CENTER

Email: sngoffice@wasatchfamilyfitness.com

Phone: 801-891-6161

LOOKING FOR MORE ENRICHMENT FUN?

DON'T MISS STRETCH-n-GROW!

Phone 801-891-6161 or email linda@wasatchfamilyfitness.com



Bring the ENERGY and EXERCITEMENT of Stretch-n-Gow outdoors with this interactive festival of fun for the WHOLE school!



With Dance Stars, our dancers learn the fundamentals of ballet, jazz, and hip-hop while developing grace, coordination, balance, and poise.



With our engaging weekly sessions, our Stars explore simple yoga poses with songs, props, and stories. Our creative curriculum will have your Yoga Stars increasing their endurance, concentration, and confidence!



Our fun and engaging activities are designed to help stretch their imaginations as they learn about music style, tone, melody, and harmony.



Our All-Star Soccer Classes are non-stop action and fun while learning the fundamentals of the most popular sport in the world!



With All-Star Sports, we introduce the skills and techniques for a FUN mix of sports like baseball, basketball, soccer, football, field hockey, and track & field.



Our All-Star Gymnasts learn basic tumbling skills through progressions designed to build strength, flexibility, balance, coordination, and endurance.

